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ANTI-SWELLING PILLS (STEROIDS)
(methylprednisolone 4 mg)

The anti-swelling pills help to reduce the amount of swelling after surgery. By reducing the swelling we are able to decrease the amount of pain and discomfort you experience, thus enabling you to return to work or school sooner.

The pills are to be taken for six consecutive days.
You begin the day **BEFORE** surgery and take the pills as directed below.

DIRECTIONS

Day before surgery: 6 pills (3 at noon, 3 at bedtime)
Day of surgery: 5 pills (3 after surgery, 2 at bedtime)
Day after surgery: 4 pills (3 at noon, 1 at bedtime)
2nd day after surgery: 3 pills (2 at noon, 1 at bedtime)
3rd day after surgery: 2 pills (1 at noon, 1 at bedtime)
4th day after surgery: 1 pill (1 at noon)

If you are a nursing mother, it is not recommended that you take steroids.